**MESSAGE FROM THE CHAIRMAN**

**Neurology and Psychiatry: Same organ, Different approaches**

Our Department is comprised of neurologists and psychiatrists, who treat the brain’s hardware and the software respectively. The brain is a tangible structure while its mind is virtual and intangible. Not surprisingly, the two specialties have very different approaches to the assessment and treatment of brain and mind disorders. It reminds me of an ophthalmology department where some of the faculty focus on the hardware of the eye (cornea, lens, and retina) while others focus on the main function of the eye - vision.

Neuroscience represents the shared foundational underpinnings of neurologists and psychiatrists, but their management of brain and mind disorders is understandably different albeit with the same final common goal: to restore the structure and function of this divinely complex organ, the command and control center of our human existence.

Consider the following contrasts of the clinical approaches of those two sister neuroscience specialties beyond the standard medical templates of history of present illness, past history, social history, family history, review of systems and physical exam:

<table>
<thead>
<tr>
<th>NEUROLOGISTS</th>
<th>PSYCHIATRISTS</th>
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<tbody>
<tr>
<td>Neurological exam</td>
<td>Mental Status Exam</td>
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<tr>
<td>A focus on localizing the “lesion” guided by objective signs and symptoms</td>
<td>The “lesion is widely distributed circuit that is hard to localize and is guided by a mixture of objective and subjective signs and symptoms unrelated to sensory/motor brain functions: e.g. speech, mood, affect, thought, suicidal/homicidal impulses, perceptual aberrations, false beliefs, insight, judgment, neuro-cognition and social-cognition</td>
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<tr>
<td>Motor symptoms, sensory symptoms, reflexes, cranial nerves, spinal cord and peripheral symptoms</td>
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<tr>
<td>Lab tests are common and useful in diagnosis of many neurologic diseases</td>
<td>No diagnostic lab tests because most psychiatric illnesses are syndromes, not diseases with specific biologies</td>
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<tr>
<td>Impaired consciousness is common</td>
<td>Consciousness usually clear but reality testing is impaired</td>
</tr>
<tr>
<td>Several diagnostic procedures</td>
<td>No Diagnostic procedures</td>
</tr>
<tr>
<td>Seizures are an illness</td>
<td>Seizures are a treatment</td>
</tr>
<tr>
<td>Simple genetics, often Mendelian</td>
<td>Complex genetics, with pleiotropy</td>
</tr>
<tr>
<td>Touching the patient is an essential part of the neurological exam</td>
<td>Touching is not necessary and often avoided, and at one time forbidden</td>
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<tr>
<td>Patients often bedridden</td>
<td>Patients predominantly ambulatory</td>
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<tr>
<td>No stigma</td>
<td>Persistent stigma</td>
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</table>
Despite those many differences in assessing and treating the neurologic vs. psychiatric disorders of the brain, there is an indisputable fact: every neurologic lesion will have psychiatric manifestations and every psychiatric illness is associated with neurologic symptoms. The brain is the most complex structure in the universe, whose development requires the expression of 50% of the human genome, and its major task is to generate a mind that enables every human being to navigate the biopsychosocial imperatives of life. Any brain lesion, regardless of size and location, will disrupt the integrity of the mind in one way or another, such as speaking, thinking, fantasizing, arguing, understanding, feeling, remembering, plotting, enjoying socializing, or courting. The bottom line is that every patient with a brain/mind disorder must receive both neurologic and psychiatric evaluation and the requisite dual interventions. If the focus is exclusively on the brain or the mind, clinical and functional outcomes for the patient will be less than optimal. Our department, with its unique integration of brain/mind medical experts, is uniquely positioned to be a leader in the comprehensive management of all brain/mind disorders. We have a noble mission that other medical school departments should emulate. We are proud to be leaders in integrating the neurologic and psychiatric approaches to clinical neuroscience.

Henry A. Nasrallah, MD
Professor and Chairman
The Sydney W. Souers Endowed Chair
## FEBRUARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>February 5, 2015</td>
<td>Ghazala Hayat, MD (Neurology)</td>
<td>“Idiopathic Inflammatory Myopathies: Heterogenous Disorders Grouped Together”</td>
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<td></td>
<td>John Chibnall, PhD (Psychiatry)</td>
<td>“Psychosocial Factors in Judgments of People with Chronic Pain”</td>
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<tr>
<td>February 12, 2015</td>
<td>Sophia M. Chang, MD (Neurology)</td>
<td>“Idiopathic Intracranial Hypertension - aka - Pseudotumor Cerebri”</td>
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<td></td>
<td>Catalina Belean, MD (Psychiatry)</td>
<td>“Challenges in Managing Self-Harming Behavior (Except Suicide) in Adult In-Patient Psychiatric Unit”</td>
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<tr>
<td>February 19, 2015</td>
<td>David Brody, MD (Neurology)</td>
<td>“Neurological Sequelae of Traumatic Brain Injury Imaging and Clinical Management”</td>
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<td></td>
<td>Fouad Reda, MD (Psychiatry)</td>
<td>“Insomnia”</td>
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<tr>
<td>February 26, 2015</td>
<td>Michael Railey, MD (Joint Grand Rounds)</td>
<td>“Cultural Competence and Mental Illness: Seeking the Best Outcome”</td>
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## MARCH

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<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>March 5, 2015</td>
<td>Joel S. Perlmutter, MD (Neurology)</td>
<td>“Neuroimaging of Parkinson Disease: The Good, the Bad and the Ugly”</td>
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<td></td>
<td>Adeel Ansari, MD and Alexander Grapel, MD (Psychiatry)</td>
<td>“Late Life Psychosis”</td>
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<td>March 12, 2015</td>
<td>Joanna Ramiro, MD &amp; Amanda Michael, MD (Neurology)</td>
<td>“Migralepsy: An Evolving Concept”</td>
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<td></td>
<td>James P. Cho, MD (Psychiatry)</td>
<td>“Hoarding, Whose Problem Is It?”</td>
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<td>March 19, 2015</td>
<td>Jazba Soomra, MD and Himanshu Kaulas, MD (Neurology)</td>
<td>“17 Year Old Male With a Rare Neurological Diagnosis In An Uncommon Immunodeficiency Disorder”</td>
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<td>Jose (A.J.) Jovel, MD (Psychiatry)</td>
<td>“Psychosomatic Medicine: History, Current Trends and New Directions”</td>
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<td>March 2, 2015</td>
<td>Combined Case Conference</td>
<td>Cadasil Case</td>
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<tr>
<td>Date</td>
<td>Speaker</td>
<td>Title</td>
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<tr>
<td>April 2, 2015</td>
<td>Carter Richards, MD (Neurology) Katelyn Smith, DO (Neurology) Jose (A.J.) Jovel, MD (Psychiatry)</td>
<td>Case Presentation &quot;Insomnia&quot;</td>
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<td>April 9, 2015</td>
<td>Joseph R. Calbrese, MD (Joint Grand Rounds)</td>
<td>Mood Disorders Program - &quot;Vincent van Gogh - Biography, Family History, and Artistic Genius&quot;</td>
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<td>April 16, 2015</td>
<td>Christopher Laohathai, MD (Neurology) Samuel Temesgen, MD (Psychiatry)</td>
<td>&quot;Periodic Discharges&quot; &quot;Psychiatry and Spirituality&quot;</td>
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<tr>
<td>April 23, 2015</td>
<td>No Neurology Grand Rounds Ahsan Khan, MD (Psychiatry)</td>
<td>&quot;Polypharmacy in Medicine &amp; Psychiatry: When is it Rational?&quot;</td>
</tr>
<tr>
<td>April 30, 2015</td>
<td>Karen Faith Berman, MD (Joint Grand Rounds)</td>
<td>&quot;From Genes to Neural Circuits to Behavior and Back Again: Lessons About Neurogenetic Mechanisms from Williams Syndrome (and a Few Insights from Schizophrenia)&quot;</td>
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Departmental Spotlight on Phillip Ruppert, Ph.D.
By Lauren Schwarz

Phillip Ruppert, Ph.D. is a new addition to the DNP. Specifically, he is new to the Division of Medical Psychology. This interview allowed me and hopefully you all the chance to get to know one of our newest faculty members a bit better.

What is your role in the DNP?
I recently joined the faculty in October of 2014. I am a clinical neuropsychologist. I see patients from adolescents to elderly for assessing cognitive and psychological function. Within this context, I have specific clinical interests in traumatic brain injury, sports concussion, and epilepsy. I also contribute to the neuropsychology education of clinical psychology graduate students from North Campus. I look forward to contributing to the research and teaching mission of the department.

Are you active in other roles for the university outside the DNP?
As a new faculty member, I have not had the opportunity to become involved in university committees, but am certainly open and willing to become involved in these settings.

How do you like to spend your time outside of work?
Taking this position allowed me and my wife the opportunity to move back to St. Louis after several years away. Both of our families are in the area and we have been spending a lot of time catching up and hanging out with family. My wife and I recently had a baby girl and much of my time is also now spent enjoying her.

If you had another career, what would it be?
I likely would have a position that blends my more concrete and nerdy interests with an element of creativity - something in the engineering world, industrial design, or computer programming. For example, I would enjoy both the logic and design considerations of creating something like a computer program.

What is your favorite book or movie?
I have always liked the Grapes of Wrath by John Steinbeck, both the movie and the book. It is a very Midwestern story and it reminds me of my parents and grandparents, where my family came from.

If you could meet anyone in the world, who would it be and why?
I would go with Mark Twain because he seemed like he could really turn a phrase and was funny. As an anthropology minor in college, cultures that are significantly different from ours have always interested me. I would very much enjoy the opportunity to meet a person from a culture that is starkly different from ours.

If your life were a motion picture what would the title be?
Groundhog Day

Thank you for your time Dr. Ruppert and welcome to the DNP! On a personal note, I am glad to have another neuropsychologist in the Department!
Brenda Stassek - My work experience consists of the past 18, almost 19 years at St. Louis University Hospital. I started in the admitting office registering patients, going on to insurance verification, becoming the secretary over the admitting department, and then transferring up to the floor 5 south as the Unit Secretary. I then became a certified nurse assistant so I could fill in either roll. Along with that, I went to school and worked private duty in patients homes! I’m a Sr. Patient Coordinator in the Neurology/Psychiatry Dept. I am a Cub Scout Leader, enjoy rollerblading, art, cooking, and the beach! I’m excited to be in this new position, and am looking forward to many years with SLUCare!

My name is Daphine Montgomery and I am the new LPN to SLUCare Department of Neurology and Psychiatry. I come from Mercy Hospital and have been in healthcare for a total of 14 years. I love providing excellent care to others and look forward to opportunities SLUCare has to offer as I further my education to being a better me and nurse.
The match is complete and we would like to introduce our new PGY1 residents beginning July 1, 2015:

Mohamed Alwan, M.D.

Jeffrey Calvin, M.D.

Dina Dababneh, M.D.

Nitish Kumar, M.D.

Flavia Lee, D.O.

Reyanna Massaquoi, MD
WELCOME TO THE NEW RESIDENTS (cont.)

GENERAL PSYCHIATRY

Rana Mercy Pathrose, M.D.
Assad Mukhtar, M.D.
Priyanka Saigal, M.D.
Sohail Nibras, M.D.
Ryan Sondergard, D.O.
Ankita Vora, M.D.
WELCOME TO THE NEW RESIDENTS (cont.)

GENERAL PSYCHIATRY

Geriatric Track
Incoming PGY-1 2015-2016

Binu Chakkamparambil, M.D.

Chaitanya Ravi, M.D.

Geriatric Fellowship
Incoming 2015-2016

Shyamala Bheemisetty, M.D.

Gopinath Gorthy, M.D.
“I’M JUST SAYING”

Just a reminder, here is your chance to share your thoughts on issues that you see within the department, but you also have to include your thoughts on what possible solutions are. The comments box is located by the mail boxes in room 113. Please feel free to include your name on the comments, but it is not required.

DNP CALENDAR OF EVENTS

MAY, 2015
Mental Health Awareness Month
ALS Awareness Month
Brain Tumor and Brain Cancer Month
Mother Day - May 10, 2015
Cardinal Day - May 12, 2015 11:30-1:00 pm
Monteleone Hall Lower Level
Happy Hour at Humphrey’s – May 20, 2015

JUNE, 2015
Resident Graduation, June 14, 2015
Details to follow

JULY, 2015
Independence Day - July 4, 2015
George Grossberg  
Responder Analysis of a Randomized comparison of the 13.3 mg/24 h and 9.5 mg/24 hour Rivastigmine patch: Molineuevo, Frolich, Grossberg, et al, March 8, 2015.

Raman Malhotra  

Theodore Malmstrom  

Henry Nasrallah  
Nasrallah HA: 10 Triggers of inflammation to be avoided, to reduce the risk of depression. Current Psychiatry 14: 6-8, 2015.  
EDUCATION
Theodore Malmstrom
Responsible Conduct of Research (RCR) Program Workshops; Conflict of Interest in Research; SLU, February 9, 2015.

RESEARCH
Henry Nasrallah
Served on the Data Safety Monitoring Board (DSMB) of the National Institute of Mental Health (NMH).

Henry Nasrallah
Received invitation form two pharmaceutical companies to serve as PI on clinical trials.

ADVISORY BOARDS
Henry Nasrallah
Attended Advisory boards for Alkermes, Merck, Janssen, Otsuka, Sunovion

PRESENTATIONS
LOCAL
George Grossberg
Discussant on Clinical Utility of Biomarkers - Pathology Grand Rounds-SLUSOM, 1/13/2015.

Geoff Grossberg
Gave keynote presentation to the St. Louis Breakthrough Coalition On Aging on Challenges of Geriatric Assessment, 2/3/2015.

Spoke to Medical Student Psychiatry and Geriatric Clubs about the Field of Geriatric Psychiatry, 2/17/2015.

Presented by the Department of Internal Medicine Division of Geriatrics and Department of Neurology and Psychiatry, Division of Geriatric Psychiatry, Saint Louis University School of Medicine and the Alzheimer's Association St. Louis chapter: “Depression in Persons with Dementia” on 3/7/2015.

Ghazala Hayat
Gave a presentation on 2/7/2015 on “Understanding Epilepsy” at Trinity Mt. Carmel Baptist Church.

Jafar Kafaie
Gave talk on 1/25/2015 at SLU NM clinic facility with patients and community members at Al-Zahra mosque coordinated by Dr. Bastani.

Ahsan Khan
Gave a talk on 1/29/2015 - Workshop on "Psychopharmacology for Interns: All you need to know"

Florian Thomas
Aging with MS, Grand Rounds, Division of Geriatrics, St. Louis University

Henry Nasrallah
Saint Louis University Department of Neurology and Psychiatry Grand Rounds presentation on January 15, 2015, “Paradigm Shifts in the Biology and Treatment of Depression”.

On March 16, 2015, presented at the Brain Awareness Week at Saint Louis University, St. Louis, MO.
PRESENTATIONS

STATE
Ghazala Hayat
Gave Grand Rounds Presentation on 4/15/2015 at SIU on "ALS An Orphan Disorder with Hope".

NATIONAL
Joseph Cho
Hoarding: Whose Responsibility is it Anyway?, 2/20/2015. We will present two cases where hoarding disordered patients were involuntarily committed and recognized as having the new DSM-V disorder, but the court was not aware of the legal precedents suggesting that the commitment might not have been appropriate.

George Grossberg
Genentech MAO-B Inhibitor in Alzheimer's Disease Advisory Board Conference on 2/6/2015.

Ghazala Hayat
Gave a presentation at AAN Meeting on "Spinal Cord Infarction as the Initial Presentation of Systemic Lupus Erythematosus" with Amanda Michael.

Gave presentation at AAFS Conference on 2/16/2015 on “The Electrophysiology of Impulsive Aggression and Criminal Responsibility”.

Jafar Kafaie
Gave two poster presentation at the 2015 AAN Conference in DC.

Theodore Malmstrom

Henry Nasrallah
Presented at the University of Arizona Annual Psychopharmacology Update on February 18, 2015 in Tucson, Arizona.

INTERNATIONAL
George Grossberg
IAGG Consensus Conference - Participated in International IAGG Consensus Conference on Screening for cognitive Frailty on 3/8/2015.

Henry Nasrallah
On March 15, 2015, presented at the Ohio Psychiatric Physicians Association Annual Meeting, Columbus, Ohio.

Presented a poster March 29, 2015 on “Metabolic Effects of a New Long Acting Injectable” at the International Congress of Schizophrenia Research (ICOSR) in Colorado Springs, Colorado.

MEDIA INTERVIEWS

George Grossberg
Local Radio Interview with KMOX Radio-At your Service-Update on recent developments in Alzheimer's Disease on 2/22/2015.


Raman Malhotra
Live in studio interview on Fox2 News in regards to a new study on concussion treatment.

Henry Nasrallah
Local television interview on News Channel 2 on January 23, 2015
Local television interview on News Channel 2 on March 27, 2015

HONORS/AWARDS

Ghazala Hayat
Nominated for St. Louis Women of Achievement honoree for Multicultural Leadership, 3/2/2015.

OTHER ACHIEVEMENTS

Thomas Geller
Elected on the Editorial Board of Pediatric Neurology on 1/1/2015.

Ghazala Hayat
Selected to AAN's Women in Advanced Leadership Roles Program on 4/1/2015.

Visiting professor at SIU on 4/15/2015.

Raman Malhotra
Served on an expert panel in regards to concussion in high school athletes at a regional education event attended by 200 high school coaches, teachers, and school administrators on 1/27/2015.

Florian Thomas
Appointed to the State of Missouri Senate Task Force on Multiple Sclerosis on 2/23/2015.

William Burke
$70,000 grant from TEVA to Vijay B. Kumar, PhD and William J. Burke, MD, PhD entitled: "Characterization of the Metabolic Adducts of Rasagiline and its metabolites with DOPAL, a Dopamine Metabolite."
Promotions Committee

Members: John Chibnall (co-Chair) Ghazala Hayat (co-Chair), Jim Willmore, Anjan Bhattacharyya, Florian Thomas and Ted Malmstrom.

The Department Promotions Committee meets annually in late spring/early summer to discuss eligibility for faculty promotions/tenure. After the review recommendations for promotion/tenure are made to the Chair. If approved by the Chair the promotion process begins for the approved faculty member. The committee also reviews all faculty CV’s and makes recommendations to each faculty on when they will be eligible for promotions/tenure and what needs to be accomplished before their eligibility. The Promotions Committee is also available year round to meet with faculty individually and assist them with their promotion process and will mentor junior faculty with accomplishing requirements for promotion when eligible.
NEUROLOGY

BIRTH ANNOUNCEMENTS:
Dr. Jontel Pierce and her husband Rahmir welcomed a little girl, Sania Makenzie Pierce into the world on March 23, 2015 weighing 6 lbs 2 oz. Mom, Dad and baby Sania are doing very well.

BEST WISHES TO ALL THE NEUROLOGY RESIDENTS WHO WILL BE GRADUATING THIS YEAR AND MOVING ON TO START PRACTICE OR IN A FELLOWSHIP.

PSYCHIATRY

Dr. Andres (AJ) Jovel will be completing his residency to move onto a Psychosomatic Medicine fellowship at Jackson Memorial Hospital/University of Miami Hospital in Miami, FL.

Dr. Ernest Graypel has 1 publication in CP this month; 2 speaking presentations at MO League of Nursing annual convention (April 8th) - "Chronic Insomnia" (with Reda) and "Antipsychotics: To Use or Not to Use" (solo); possible short article at the Mid East Area Agency for Aged' newsletter.

BEST WISHES TO ALL THE PSYCHIATRY RESIDENTS WHO WILL BE GRADUATING THIS YEAR AND MOVING ON TO START PRACTICE OR IN A FELLOWSHIP.

May is ALS Awareness Month
Find Out How You Can Get Involved!
Not by Chance Alone by Elliot Aronson

How cool would it be to be asked to write a review of the autobiography of the person that got you interested in the field that you choose for your career? Better yet, after you have written (and published) said review, the individual personally emails you to thank you for the review! That is what happened with John Chibnall and one of his psychology idols. The book John reviewed is the feature of this issue’s Nook Not by Chance Alone: My Life as a Social Psychologist by Elliot Aronson. John stated “This book is best considered as a gift to psychology. At nearly 80 years of age, Elliot Aronson has graciously published his autobiography. This means that, not only are we given the opportunity to appreciate Aronson’s life journey, but we also receive yet another opportunity to learn from him.”

Gone Girl by Gillian Flynn

On a warm summer morning in North Carthage, Missouri, it is Nick and Amy Dunne's fifth wedding anniversary. Presents are being wrapped and reservations are being made when Nick's clever and beautiful wife disappears from their rented McMansion on the Mississippi River. Husband-of-the-Year Nick isn't doing himself any favors with cringe-worthy daydreams about the slope and shape of his wife's head, but passages from Amy's diary reveal the alpha-girl perfectionist could have put anyone dangerously on edge. Under mounting pressure from the police and the media—as well as Amy's fiercely doting parents—the town golden boy parades an endless series of lies, deceits, and inappropriate behavior. Nick is oddly evasive, and he's definitely bitter—but is he really a killer?

As the cops close in, every couple in town is soon wondering how well they know the one that they love. With his twin sister, Margo, at his side, Nick stands by his innocence. Trouble is, if Nick didn't do it, where is that beautiful wife? And what was in that silvery gift box hidden in the back of her bedroom closet?

Orphan Train by Christina Baker Kline

The author of Bird in Hand and The Way Life Should Be delivers her most ambitious and powerful novel to date: a captivating story of two very different women who build an unexpected friendship: a 91-year-old woman with a hidden past as an orphan-train rider and the teenage girl whose own troubled adolescence leads her to seek answers to questions no one has ever thought to ask. Nearly eighteen, Molly Ayer knows she has one last chance. Just months from “aging out” of the child welfare system, and close to being kicked out of her foster home, a community service position helping an elderly woman clean out her home is the only thing keeping her out of juvie and worse. Vivian Daly has lived a quiet life on the coast of Maine. But in her attic, hidden in trunks, are vestiges of a turbulent past. As she helps Vivian sort through her possessions and memories, Molly discovers that she and Vivian aren't as different as they seem to be. A young Irish immigrant orphaned in New York City, Vivian was put on a train to the Midwest with hundreds of other children whose destinies would be determined by luck and chance. The closer Molly grows to Vivian, the more she discovers parallels to her own life. A Penobscot Indian, she, too, is an outsider being raised by strangers, and she, too, has unanswered questions about the past. As her emotional barriers begin to crumble, Molly discovers that she has the power to help Vivian find answers to mysteries that have haunted her for her entire life - answers that will ultimately free them both. Rich in detail and epic in scope, Orphan Train is a powerful novel of upheaval and resilience, of second chances, of unexpected friendship, and of the secrets we carry that keep us from finding out who we are.
The Department recognized Brain Awareness Week with a series of lectures on March 16th - March 20th, 2015 held in the Allied Health Professions Building. The Department of Neurology and Psychiatry, in conjunction with the Center for Neuroscience at Saint Louis University School of Medicine, gave clinical update lectures by expert SLU faculty about brain disorders that are of significant public health importance.

On March 17, 2015, the Department held a St. Patrick’s Day contest for the person who supported the most St. Patrick’s Day attire. Henrietta Ehrenreich took the honor as donning the most green for the day!!
DNP Events

Our department residents in Neurology and Psychiatry conducted a Resident Poster Research Day in the lower level of Monteleone Hall on April 2, 2015. The event displayed the research our residents have been involved with over the past few years. It is wonderful to see all the hard work and effort our trainees have conducted to not only further their careers but help in future treatments and cures for many individuals.
CONGRATULATIONS:

On January 20, 2015, the RASCALS Foundation presented Dr. Ghazala Hayat and the Neuromuscular/Clinical Neurophysiology team an endowment check in the amount of $15,000. The endowment is for continued research to discover the cause and cure for Amyotrophic Lateral Sclerosis (ALS).

Congratulations to Tina Morefield who celebrated 30 years of service. She attended a luncheon provided by SLU on April 9th in honor of those who have a milestone in years of employment.

KUDOS:

Dr. Goretzke has been chosen by the student members of the Gold Humanism Honor Society to receive the Leonard Tow Humanism Award for Faculty. Congratulations on your achievement!!

Another kudos to Dr. Goretzke who has also been nominated for the Neurology 2015 Ambassador Ward for Exceptional Medical Care and the Exceptional Team award goes to our Neurofibromatosis Team. We congratulate you Sean and Tom for a job well done. You make our Department proud.

ANNUAL SHOEMAN PROJECT NOW CALLED SOLEA WATER

The annual shoe drive is on. I want to thank everyone for donating shoes. Our first bag gave us 38 pairs of shoes. The bag is located next to the soda machine in the basement. Keep ’em coming!!

Thank you,
Sue Brown
Codewords are like crossword puzzles - but have no clues! Instead, every letter of the alphabet has been replaced by a number, the same number representing the same letter throughout the puzzle.

All you have to do is decide which letter is represented by which number!

To start you off, we reveal the codes for two or three letters.

With these letters filled in throughout the puzzle, you'll have enough clues to start guessing words and discovering other letters.

Print out the puzzle to solve.
The eighth annual World Autism Awareness Day is April 2, 2015. Every year, autism organizations around the world celebrate the day with unique fundraising and awareness-raising events. How did you celebrate?
JUST FOR FUN

Oh cool, they'll pay a fortune for this ... heyyyy, hang on ... who says I have anti-social personality disorder!

WebDonuts.com

We're bringing the arts and sciences together here by giving crayons to rats.